

INTERNATIONAL STUDENT GUIDE





Welcome to Jean Monnet University !

Dear students, researchers, and members of our international community, we are delighted to welcome you to our prestigious institution.

Your arrival marks the beginning of a unique academic and cultural adventure, and we wish to make this transition as smooth as possible.

To help you navigate through this maze of formalities, we have prepared a list of essential documents that will be your allies in this new chapter of your life.





Before your departure:

- **Passport:** Ensure that your passport is up-to-date, including the personal information pages and validity dates. For EU citizens, a valid identity card will suffice.
- **Visa:** If you are coming from a non-EU country, you must have a valid visa with an entry stamp.
- **Proof of Civil Status:** A complete copy of your birth certificate will be necessary to prove your civil status.
- **Transcripts:** Remember to have your transcripts translated into French to facilitate administrative and academic procedures.
- **Proof of Income:** You will need to provide proof of income showing that you have more than €615 per month to support yourself.



After your arrival:

- **Residence Permit:** If you are a non-EU citizen, you must obtain a residence permit upon your arrival.
- **Proof of Residence:** To prove your residency in France, prepare a gas bill or a rental agreement in your name.
- **Proof of Enrollment or Student ID:** Once you are enrolled at the university, a proof of enrollment or your student ID will be necessary for various administrative procedures.
- **Approved E-photo:** You will need a digital photo that meets official standards. You can obtain one here:



- **IBAN (International Bank Account Number):** These documents will be essential for your banking transactions in France. If you need assistance with opening a bank account in Saint-Étienne, feel free to contact the team at the following address: welcome-student@univ-st-etienne.fr.

Visa & Residence Permit (non-EU citizens only):

➤ Upon your arrival, you have 3 months to validate your visa online.



After validating your visa, apply for a residence permit on the ANEF website.

Note: Residence permit processing times can be lengthy, so we recommend applying as soon as possible. ⚠

The Students Welcome Desk team will dedicate specific time to assist you with this process. We will send you an email with the details including the date. (Limited spaces: registration required)



Social security & health



Enrollment in the French Social Security system, specifically with the Caisse Primaire d'Assurance Maladie (CPAM), is a mandatory step for all students to ensure optimal coverage of health expenses. This enrollment allows you to benefit from basic healthcare coverage in France, including doctor visits, hospitalizations, medications, and more.

Once enrolled, you will receive your Carte Vitale, an essential tool to simplify all your healthcare procedures:

- **Simplified Payments:** Present your Carte Vitale to healthcare professionals (doctors, pharmacists, etc.) to benefit from direct billing, meaning you won't have to pay upfront for medical expenses covered by the health insurance.
- **Fast Reimbursements:** With the vital card, your healthcare expenses will be automatically and quickly reimbursed to your bank account.
- **Streamlined Procedures:** No more filling out paper claim forms for each consultation or medication purchase; everything is automated.



➤ For students who are EU citizens, remember to request your European Health Insurance Card (EHIC)

Physical & Mental Health:

Booking appointments with a doctor: www.doctolib.fr

The University Health Service welcomes and supports you with all health-related questions and needs (medical visits, vaccinations, study accommodations, combating isolation, psychological support and counseling, dietary consultations, sexual health, social support...).



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**Maison de l'Université - 10 rue Tréfilerie 42100
Saint-Étienne - 1st floor**

Student welcome desk open daily from 8:00 AM to 12:00 PM and from 1:00 PM to 4:00 PM.



Nightline : free, confidential, and anonymous listening service by and for students.

In french : 04 85 30 00 10 - In english : 04 85 30 00 20

Accommodation...

Our university does not have student residences. However, we provide the following platform to assist you in finding accommodation:



You can contact us at welcome-student@univ-st-etienne.fr for assistance with your accommodation search (reservation agreements with certain residences).

Upon signing the lease:

- Payment of the first month's rent + a security deposit (= 1 month's rent)

Having a guarantor:

- For individuals under 31 years old: Visale guarantee (www.visale.fr) FREE. Note: Visale guarantee must be requested before signing the lease.
- For individuals over 31 years old: www.garantme.fr (approximately €250/year)

Move-in inspection:

- **Take photos to ensure you can recover your security deposit in case of dispute with the landlord when you move out.**

Welcome on campus

Specific welcome activities are offered at the beginning of the semester on various campuses by the International Mobility Office of the International Directorate, as well as some faculties, schools, and departments.

For more information, please visit the pages of the International Directorate or go to the "Welcome to JMU" website.



French Courses



The International Center for Language and Civilization (CILEC) is the school dedicated to teaching French as a Foreign Language at Jean Monnet University. If you wish to improve your French level and learn more about French culture, their programs are tailored for you!



CILEC 21, Rue Denis Papin
42023 Saint-Etienne Entrée 1,
2nd floor +33 4 77 79 73
cilec@univ-st-etienne.fr



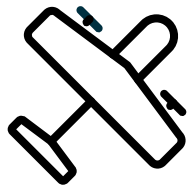
Monday : 8h30 - 12h30
Tuesday, Wednesday, Thursday
: 8h30-12h30 / 13h30 - 17h
Friday : 8h30 - 12h30 / 13h30-
16h30







How to get to Saint-Étienne?



By plane Lyon Saint-Exupéry Airport

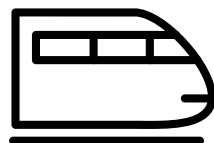
From Paris, you need to take a TGV (high-speed train) from Gare de Lyon to Saint-Étienne, which takes about 3 hours.

From Lyon Saint-Exupéry Airport, follow the signs within the airport to take the Rhônesexpress shuttle to Lyon-Part-Dieu train station (departures every 20 minutes from 5 AM to midnight).

Once at Lyon-Part-Dieu station, take the train to Saint-Étienne (Châteaueux train station)

By train Gare de Lyon

Whether from Gare de Lyon in Paris (in 3 hours) or Gare de Lyon-Part-Dieu in Lyon (in 45 minutes), purchase a ticket from a self-service machine, ticket counter, or online.



Get off at Saint-Étienne Châteaueux Station.

By public transport Bus

From Lyon Saint-Exupéry airport, take a bus from the airport bus station.

It will take you to Saint-Étienne in 40 minutes.

ATTENTION: remember to book well in advance, as there are only a few routes available!



By bike Rental bike



Self-service bicycles



Places not to be missed

- At the heart of the creative district, the Cité du Design raises public awareness of the challenges and uses of design.
- Le Puits Couriot is built on a former mine shaft, transformed into an industrial and mining museum with reconstructed galleries.
- The Musée d'Art et d'Industrie plunges visitors into the region's industrial and social context, with collections on weapons, cycles and ribbons.
- Geoffroy-Guichard stadium is a legend in France! Visit the Musée des Verts and find out why...

Cultural and sporting activities

JMU offers a wide range of cultural activities to help you settle into your new environment as smoothly as possible. FREE



The City of Saint-Étienne offers many tickets for cultural activities (concerts, soccer matches, etc.) at reduced rates for students.



At JMU, you can discover and practice a wide range of physical and sporting activities.



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If you need help, the JMU Mobility Office team will help you with the administrative formalities.

Tél: +33 (0)4 77 43 79 68

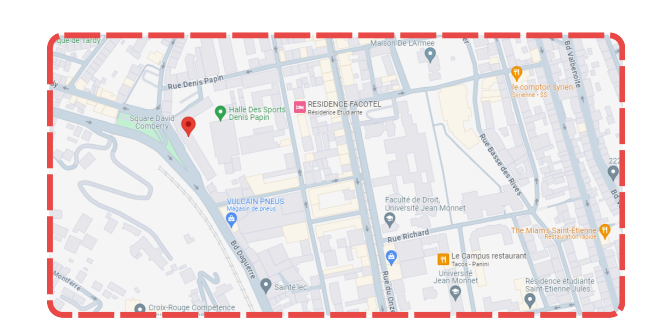
Mail : welcome-student@univ-st-etienne.fr

Address : 21 rue Denis Papin (2e étage)

Welcome Desk :

Monday, Tuesday, Wednesday and Friday, 9h00-12h30 / 13h30-17h00.

Thursday by appointment.



INTERNATIONAL OFFICE

21 rue Denis Papin Entrée 1 -
2nd floor 42023 Saint-Etienne
Cedex 2

Tel : 04 77 43 79 70



@UJMauboutdumonde



@UJM_auboutdumonde



**UNIVERSITÉ
JEAN MONNET**
SAINT-ÉTIENNE